



# **INTENSITY DANCE CHALLENGE**

## **SYLLABUS & RULES**

**DECEMBER 19-20, 2023  
VENUE: GOLDEN GROVE ARTS &  
RECREATION CENTRE**

# SECTIONS

## ACRO

Acrobatic and gymnastics movements.

**PLEASE NOTE:** May also include ACRO DANCE which can be dance-based movements together with acrobatic and gymnastics movements.

## BROADWAY/CABARET JAZZ

Jazz technique distinguished by its emphasis on exaggerated movements to cabaret style music or music from Broadway Shows/Musical Movies. For example; Fosse, Dream Girls, Chicago.

**PLEASE NOTE:** This is specifically a stylised dance routine and NOT a character based routine.

## CHARACTER/DEMI CHARACTER

Based on classical movements/technique depicting a story through mime.

## CLASSICAL

Ballet technique danced to classical music. May include Variations.

## COMTEMPORARY

Demonstrate balance, flexibility, control. Can include abstract and extreme concepts. Includes floor work. Unpredictable and dynamic. Can include both traditional and commercial contempo

## HIP HOP

Commercial style with funk and hip-hop movements including street dance and break dance.

## JAZZ

Traditional jazz movements to fast pace music. Can also include commercial styles. Broadway style routines should be entered into BROADWAY/CABARET JAZZ section.

## LYRICAL

Emotive piece that connects with the lyrics (if used) of the music. Showing balance, control and flexibility.

## MUSICAL THEATRE

A character based routine, distinguished by jazz based technique choreographed to music from a stage or film musical. An emphasis is placed on characterisation and story telling. Does not include SONG AND DANCE/TAP.



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# SECTIONS

## **NATIONAL CHARACTER**

Based on folk dance from countries such as Russia, Poland and Hungary for example. Please enter in OPEN/ANY STYLE section.

## **NEO CLASSICAL**

Based upon Classical Ballet technique, referring to the 20th-century style of classical ballet, exemplified by the works of George Balanchine. Examples of extending lines and positions, playing with speed and freedom of movement and incorporating new positions outside of the ballet vocabulary. Minimalist costume, usually a simple leotard to showcase the dancer's movement. Please enter in OPEN/ANY STYLE section.

## **OPEN/ANY STYLE**

If a genre section is not provided, that dance can be performed in this section. Can also include if the dancer has a second dance of another genre.

**PLEASE NOTE:** You must dance in the correct genre if provided. I.e. if contemporary section is provided, then the routine should be danced in that section. If you have a second contemporary, then you may dance the second dance in OPEN/ANY STYLE, but not just the OPEN/ANY STYLE section.

## **STUDENT CHOREOGRAPHY**

Should be a dance choreographed by the student with no help from the teacher. Any style is permitted. Please enter OPEN/ANY STYLE section.

## **SONG AND DANCE**

Should contain 50% singing and 50% dancing. NO backing vocals permitted during the singing part of the routine.

## **SONG AND TAP**

Should contain 50% singing and 50% tapping. NO backing vocals permitted during the singing part of the routine and no backing tap sounds permitted during the tapping part of the routine.

## **TAP**

Can include styles: fast, slow, waltz, medley and speciality.  
NO backing tap sounds are permitted within the music.



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## AGE

Age as at January 1st of the competition year.

## AGE SECTIONS (SOLO & DUO/TRIO)

5 and under

6-7 years

8-9 years

10-11 years

12-13 years

14-15 years

16 and over

## TIME LIMITS

All sections - 3 minutes

Except:

Song and Dance, Song and Tap, Open/Any Style - 4 minutes

## ENTRY SECTIONS AVAILABLE - SOLO

Broadway/Cabaret Jazz

Classical/Demi Character

Contemporary (traditional and commercial)

Hip Hop

Jazz (traditional and commercial)

Lyrical

Musical Theatre

Open (1)

Open (2)

**OPEN** can only be a second routine of a section listed above or a genre that has not been included.

Song and Dance/Tap

Tap (straight, slow, fast, medley, speciality, waltz)

## ENTRY SECTIONS AVAILABLE - DUO/TRIO

Open (1)

Open (2)

Open 1 and 2 may include section genres listed above.



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## ENTRY FEE

**Solo** \$35 per entry

**Duo/Trio** \$45 per entry

**Dancer Registration Fee** \$30 per dancer

### **Includes:**

*Award medals*

*Audio critiques*

*FREE spectator entry*

*Digital draft program*

*Digital final program*

*Industry professional judge*

## AWARDS

Each section will place 1st to 3rd and judges Special Mention

Dancers will return on stage at the end of each section for award announcement from the Adjudicator.

## SCORES

Technique 50 points

Performance and Musicality 25 points

Choreography 20 points

Costume and music 5 points

(points will only be deducted if the costume and or music is deemed inappropriate at the discretion of the judge)

## HIGH SCORE

Top 5 each age. If less than 5 competitors, then only Overall and Runner Up will be awarded.

## MUSIC

Music to be uploaded via MyComps HQ prior to event.

## HOW TO ENTER

Entry via MyComps HQ.



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# RULES

## REFUNDS

No refunds will be given unless a section is cancelled or the event is cancelled.

In the event of a withdrawal from an event, the dancer (or guardian) must notify Intensity Dance Challenge no later than 2 weeks prior to the event taking place and if we are able to replace the routine/s entered with someone from the waitlist, you agree to forfeit the dancer registration fee of \$30.

No refunds will be given for change of mind.

We do not offer transfers or credits.

## ENTRY AND GENERAL CONDITIONS

Entrants enter at their own risk. Intensity Dance Challenge Pty Ltd accepts NO responsibility for an accident or injury to any persons associated with the event, either as a Competitor, Volunteer, or a member of the General Public, at any time.

Competitor registration is compulsory for every entrant.

By submitting your entry, you agree to receive marketing emails from Intensity Dance Challenge, from time to time.

Adjudicators decision is final and there is to be no communication with the judge prior to and during the event.

Video and mobile phone use during a performance is strictly prohibited.

Any dancer associated (i.e family member) with the Director/s may dance in the competition for critique ONLY, but will not be eligible for any awards.

Props are to be set up in a timely manner (i.e. 30 seconds).

### Issues with Performance

Technical difficulties will enable the dancer to dance again without penalty.

Run off - if a dancer runs off during the performance, they may perform again, but this will be for critique only.

Dancer may compete only once in a section.

No routines may be repeated.

No smoking/vaping is allowed in the venue.

Please keep dressing rooms clean and tidy.



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Any disputes should be taken up with the Director/s in timely and mature manner.

No rehearsal is allowed on stage at any time during the challenge

Competitors will appear in the order in which they are listed in the program, unless approved by Director/s.

The Director/s reserve the right to combine/eliminate or amend any sections based on entries received.



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