



**INTENSITY**  
**DANCE**  
**CHALLENGE**

**SYLLABUS & RULES**  
**ONE DAY CHALLENGE**

# THE ONE DAY CHALLENGE

## Lyrical & Contemporary

Perform 1 Lyrical Routine

Perform 1 Contemporary Routine (may be traditional or commercial)

**THE CHALLENGE** - Lyrical or Contemporary (NO REPEATS)

**\*\*UPDATE FOR 2024 ONLY - NEW OR REPEAT ROUTINE ALLOWED\*\***

7 & Under age group may repeat a dance in *The Challenge*

## Theatrical

Perform 1 Song & Dance Routine OR 1 Song & Tap Routine

Perform 1 Musical Theatre\* Routine (NO VOCALS)

**THE CHALLENGE** - Song & Dance/Tap OR Musical Theatre\* (NO REPEATS)

7 & Under age group may repeat a dance in *The Challenge*

**\*Musical Theatre Routine MUST be character based, cannot be Theatre Jazz or Broadway/Cabaret Jazz Routine**

## Jazz

Perform 1 Jazz (traditional, fast or commercial) Routine

Perform 1 Theatre/Broadway\* Jazz Routine

**THE CHALLENGE** - Jazz (traditional, fast or commercial Routine OR Theatre/Broadway\* Jazz (NO REPEATS)

**\*\*UPDATE FOR 2024 ONLY - NEW OR REPEAT ROUTINE ALLOWED\*\***

7 & Under age group may repeat a dance in *The Challenge*

**\*Theatre/Broadway Jazz MUST BE a stylised dance routine. For example: Fosse Style, Theatre Jazz, Music from a Musical or musical movie such as Chicago etc. This is specifically a stylised dance routine and NOT a character based routine.**

## Ballet

Perform 1 Classical\* Routine

Perform 1 Traditional Contemporary/Neo Classical Routine

**THE CHALLENGE** - Classical\* Routine OR Traditional Contemporary/Neo Classical Routine OR Character Routine (NO REPEATS)

7 & Under age group may repeat a dance in *The Challenge*

\*Variations accepted

## Tap

### AGE GROUPS 7 & UNDER, 8-9 YEARS AND 10-11 YEARS

Perform 1 Tap Routine (any style)

Perform 1 Tap Routine (any style - must NOT be a repeat from performance 1)

**THE CHALLENGE** - Tap Style of Any Choice (MAY BE A REPEAT)

### AGE GROUPS 12-13 YEARS, 14-15 YEARS AND 16 & OVER

Perform 1 Tap Routine (any style)

Perform 1 Tap Routine (any style - must not be a repeat from performance 1)

**THE CHALLENGE** - Tap Style of Any Choice (NO REPEATS)

# HOW IT WORKS

Each dancer will dance 2 contrasting routines as detailed above.

Each section will be scored and placings given for each section. I.e a placing will be given for the 1st performance and another placing given for the 2nd performance.

The 2 scores will then be combined to determine the **TOP 3 HIGHEST SCORING** dancers per age group.

Those dancers will then move forward to “The Challenge”. There is no additional entry fee for The Challenge.

## “The Challenge”

The top 3 dancers in each age group will perform again in the final challenge. Dancers **MUST** perform a new routine (except where indicated above).

Awards will be given for each age group:  
**WINNER, RUNNER UP, FIRST RUNNER UP.**

# RULES

## AGE

Age as at January 1st of the competition year.

## AGE SECTIONS

7 and Under  
8-9 years  
10-11 years  
12-13 years  
14-15 years  
16 and over

## TIME LIMITS

All sections - 3 minutes

Except:

Song & Dance/Tap and Character - 4 minutes



# SYLLABUS & RULES

# RULES

## ENTRY FEE

**Solo** \$90 per entry (includes 2 solos and if in top 3, includes the top 3 Challenge Solo)

**Dancer Registration Fee** \$30 per dancer

### **Includes:**

*Award medals*

*Audio critiques*

*FREE spectator entry*

*Digital draft program*

*Digital final program*

*Industry professional judge*

## AWARDS

Each section will place 1st to 3rd and judges Special Mention (each section will consist of i.e Lyrical then Contemporary)

All dancers of each age group to return to the stage for the awards announcement.

The combined scores of **BOTH** routines will be added together to form the TOP 3 in each age group.

## SCORES

Technique 50 points

Performance and Musicality 25 points

Choreography 20 points

Costume and music 5 points

(points will only be deducted if the costume and or music is deemed inappropriate at the discretion of the judge)

## MUSIC

Music to be uploaded via MyComps HQ prior to event for performance 1 and performance 2 only.

Music for the **TOP 3 CHALLENGE MUST** be provided on your own device.

Please ensure you have **all music** backed up on your own device.

## HOW TO ENTER

Entry via MyComps HQ.

## “THE CHALLENGE” SCORES AND CRITIQUES

The scores and critiques for “The Challenge” will be available via dropbox the following day after “The One Day Challenge”

***Please download and save to your device as they will be removed after 1 month.***



# SYLLABUS & RULES

# RULES

## REFUNDS

No refunds will not be given unless a section is cancelled or the event is cancelled.

In the event of a withdrawal from an event, the dancer (or guardian) must notify Intensity Dance Challenge no later than 2 weeks prior to the event taking place and if we are able to replace the routine/s entered with someone from the waitlist, you agree to forfeit the dancer registration fee of \$30.

No refunds will be given for change of mind.

We do not offer transfers or credits.

## ENTRY AND GENERAL CONDITIONS

Entrants enter at their own risk. Intensity Dance Challenge Pty Ltd accepts NO responsibility for an accident or injury to any persons associated with the event, either as a Competitor, Volunteer, or a member of the General Public, at any time.

Competitor registration is compulsory for every entrant.

By submitting your entry, you agree to receive marketing emails from Intensity Dance Challenge, from time to time.

Adjudicators decision is final and there is to be no communication with the judge prior to and during the event.

Video and mobile phone use during a performance is strictly prohibited.

Props are to be set up in a timely manner (i.e. 30 seconds).

### Issues with Performance

Technical difficulties will enable the dancer to dance again without penalty.

Run off - if a dancer runs off during the performance, they may perform again, but this will be for critique only.

Dancer may compete only once in a section.

No routines may be repeated (*unless as indicated above*).

No smoking/vaping is allowed in the venue.

Please keep dressing rooms clean and tidy.



## SYLLABUS & RULES

# RULES

Any disputes should be taken up with the Director/s in timely and mature manner.

No rehearsal is allowed on stage at any time during the challenge.

Competitors will appear in the order in which they are listed in the program, unless approved by Director/s.

The Director/s reserve the right to combine/eliminate or amend any sections based on entries received.



**SYLLABUS & RULES**